



# ST. MARY THE VIRGIN ANGLICAN CHURCH

3337 15 Avenue Regina SK S4T 1T3 306 522 6052

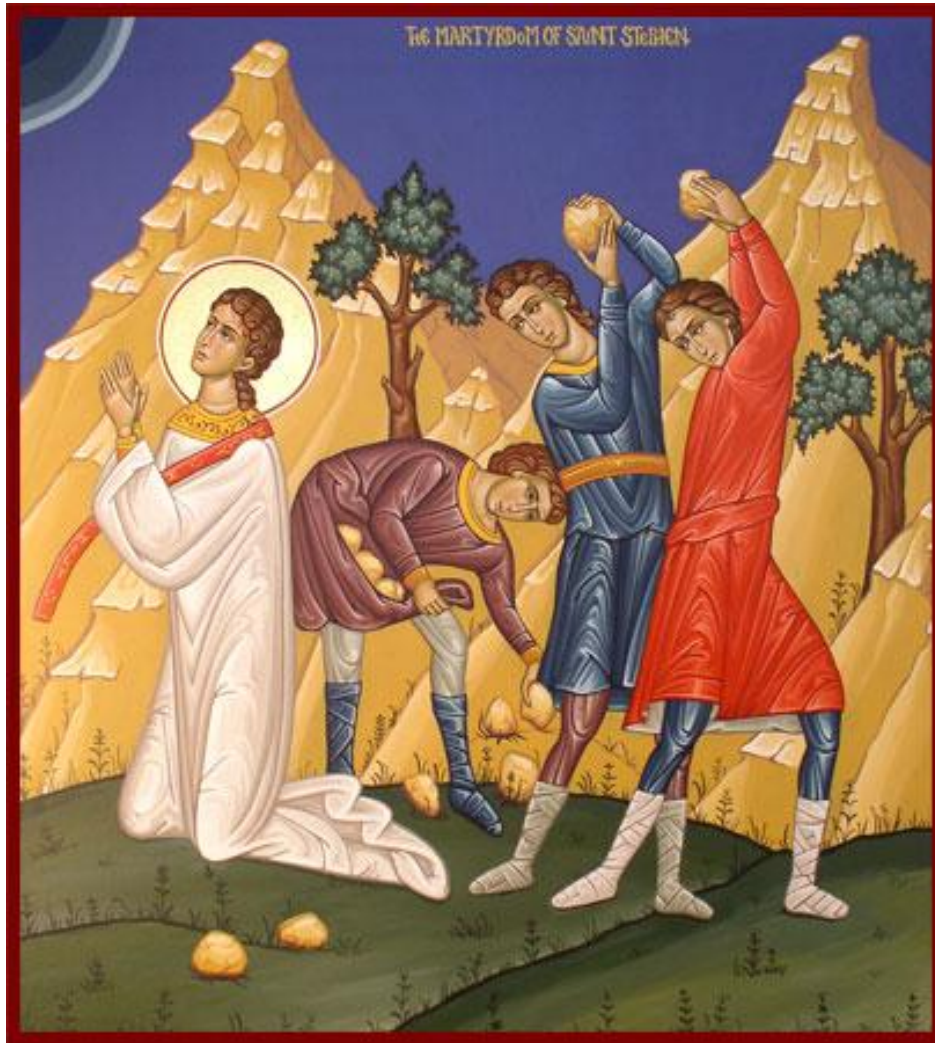
The Revd. Nathaniel Athian Deng Mayen

Honorary Assistant and Missioner to the South Sudanese Community

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[www.stmarysregina.ca](http://www.stmarysregina.ca)

## SIXTH SUNDAY AFTER TRINITY



**July 12, 2026**

## **TODAY AT ST. MARY'S**

10:00 A.M. MORNING PRAYER (Prayer book pp. 6-15.)  
(Psalm 34; 1 Kings 19:1-18; Acts 20:17-end)

10:30 A.M. HOLY COMMUNION (*Prayer Book pp. 67- 85*)  
*Communion Setting: John Merbecke (1510-1585)*  
*Celebrant and Preacher: Rev. Nathaniel Deng Mayen*  
*Assistant: Lloyd*  
*Greeters: Mike & Sandy     Server: Joshua*  
*Lector: Mike*

*NURSERY for children up to 3 years. Leader: Katie*  
*GODLY PLAY for children 3-6 years. Leader: Roberta*  
*FAITH QUEST for children 7-13 years. Leader:*

### *A WARM WELCOME TO OUR GUESTS AND VISITORS!*

*THE OFFERING PLATE and THE PRAYER FOLDER (for you to add the names of travelers, those in special need, and departed loved ones for inclusion in the prayers today), are located on the "loaves and fishes" offering table with the bread and wine. All baptized Christians who receive communion in their own churches are invited to come forward with faith and love towards Christ and His Church to receive Holy Communion with us. If you are not receiving Communion, you are invited to come forward to receive a blessing and indicate this by crossing your arms.*

**ORGAN PRELUDE:**  
Miniature No. 6, Larghetto  
Flor Peeters (1903-1986)

## **ORDER OF SERVICE**

**OPENING HYMN: # 363 My Soul Proclaims Your Glory, Lord**

**The Service of Holy Communion** *begins on page 67*

**The Lord's Prayer** (Priest)

**COLLECT for Purity**

**ALMIGHTY God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.**

**SUMMARY of the LAW** - page 69

**Response: Lord, have mercy upon us, and write both these thy laws in our hearts, we beseech thee.**

**Lord, have mercy upon us.**

**Christ, have mercy upon us.**

**Lord, have mercy upon us.**

The Lord be with you; **And with thy spirit.**

**COLLECT of the Day**

O GOD, who hast prepared for them that love thee such good things as pass man's understanding: Pour into our hearts such love toward thee, that we, loving thee above all things, may obtain thy promises, which exceed all that we can desire; through Jesus Christ our Lord. **Amen.**

**FIRST LESSON: Jonah 2**

Then Jonah prayed to the Lord his God from the belly of the fish, <sup>2</sup> saying, 'I called to the Lord out of my distress, and he answered me; out of the belly of Sheol I cried, and you heard my voice. <sup>3</sup> You cast me into the deep, into the heart of the seas, and the flood surrounded me; all your waves and your billows passed over me. <sup>4</sup> Then I said, "I am driven away from your sight; how shall I look again upon your holy temple?"<sup>5</sup> The waters closed in over me; the deep surrounded me; weeds were wrapped around my head <sup>6</sup> at the roots of the mountains. I went down to the land whose bars closed upon me for ever; yet you brought up my life from the Pit, O Lord my God.<sup>7</sup> As my life was ebbing away, I remembered the Lord; and my prayer came to you, into your holy temple. <sup>8</sup> Those who worship vain idols forsake their true loyalty. <sup>9</sup> But I with the voice of thanksgiving will sacrifice to you; what I have vowed I will pay. Deliverance belongs to the Lord!' <sup>10</sup> Then the Lord spoke to the fish, and it spewed Jonah out upon the dry land.

**R./ Thanks be to God**

## **GRADUAL PSALM: 90:13-17**

13 So teach us to number our days, / that we may apply our hearts unto wisdom.

**14 TURN thee again, O LORD, at the last, / and be gracious unto thy servants.**

15 O satisfy us with thy mercy, and that soon: / so shall we rejoice and be glad all the days of our life.

**16 Comfort us again according to the time that thou hast afflicted us, / and for the years wherein we have suffered adversity.**

17 Show thy servants thy work, / and their children thy glory.

## **THE EPISTLE: Romans 6:3-11**

Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? We were buried therefore with him by baptism into death, so that as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life. For if we have been united with him in a death like his, we shall certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the sinful body might be destroyed, and we might no longer be enslaved to sin. For he who has died is freed from sin. But if we have died with Christ, we believe that we shall also live with him. For we know that Christ being raised from the dead will never die again; death no longer has dominion over him. The death he died he died to sin, once for all, but the life he lives he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

**R./ Thanks be to God.**

## **GRADUAL HYMN: Lead Me, Lord**

**Blessed are the poor in spirit, longing for their Lord,  
For God's coming kingdom shall be theirs.**

**Blessed are the sorrowing, for they shall be consoled,  
And the meek shall come to rule the world.**

### **Refrain:**

**Lead me, Lord, lead me, Lord, by the light of truth  
To seek and to find the narrow way.**

**Be my way; be my truth; be my life, my Lord,  
And lead me, Lord, today.**

**Blessed are the merciful, for mercy shall be theirs,  
And the pure in heart shall see their God.**

**Blest are they whose hunger only holiness can fill,  
for I say they shall be satisfied.**

**Blest are they who through their lifetimes sow the seeds of peace;  
All will call them children of the Lord.  
Blest are you, though persecuted in your holy life,  
for in heaven, great is your reward.**

### **THE HOLY GOSPEL: Luke 6:27-36**

**R. / Glory be to Thee, O Lord.**

‘But I say to you that listen, Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt. Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. Do to others as you would have them do to you. ‘If you love those who love you, what credit is that to you? For even sinners love those who love them. If you do good to those who do good to you, what credit is that to you? For even sinners do the same. If you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High; for he is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful.

**R. / Praise be to thee, O Christ.**

### **THE NICENE CREED**

**I believe in one God the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:**

**And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.**

**And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.**

### **THE SERMON**

**OFFERTORY HYMN: # 455 Dear God, Compassionate and Kind**

**OFFERTORY ANTHEM**

**Blessed be thou, LORD God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee. 1 Chronicles 29. 10, 11, 14.**

**PRAYERS of the PEOPLE, BIDDINGS, INTERCESSION – pages 75-76**

Lord in your mercy

**R./ Hear our prayer.**

**GENERAL CONFESSION**

**ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

**ABSOLUTION, COMFORTABLE WORDS - pages 77-78**

**THANKSGIVING AND CONSECRATION – pages 78**

THE Lord be with you;

**And with thy spirit.**

Lift up your hearts;

**We lift them up unto the Lord.**

Let us give thanks unto our Lord God;

**It is meet and right so to do.**

IT is very meet, right, and our bounden duty, that we should at all times, and in all places give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Therefore with Angels, and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying: *(sing)*

**HOLY, Holy, Holy, Lord God of hosts,**

**Heaven and earth are full of thy glory. Glory be to thee, O Lord Most High.**

**Blessed is he that cometh in the Name of the Lord: Hosanna in the highest.**

**PRAYER of CONSECRATION and BREAKING of BREAD – pages 82-83**

**R./Amen, Amen, Amen**

THE peace of the Lord be always with you;  
**And with thy spirit.**

### **PRAYER OF HUMBLE ACCESS**

**WE do not presume to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.**

### **THE COMMUNION**

**O LAMB of God, that takest away the sin of the world, have mercy upon us.  
O Lamb of God, that takest away the sin of the world, have mercy upon us.  
O Lamb of God, that takest away the sin of the world, grant us thy peace.**

**Communion Hymns: # 382 Praise to the Lord  
# 606 There's a Wideness in God's Mercy**

### **THE LORDS PRAYER: Our Father...**

### **THANKSGIVING**

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.

**... And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.**

**GLORY be to God on high, and in earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty.**

**O Lord, the only-begotten Son, Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy upon**

**us. Thou that takest away the sin of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.**

**For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.**

**BLESSING**

**ANNOUNCEMENTS**

**Recessional Hymn: # 528 O God, Our Help in Ages Past**

**ORGAN POSTLUDE:**

**March**

**Johann Sebastian Bach (1685-1750)**



Join us at St. Mary's for a  
**Saskatoon Berry**  
**FESTIVAL**

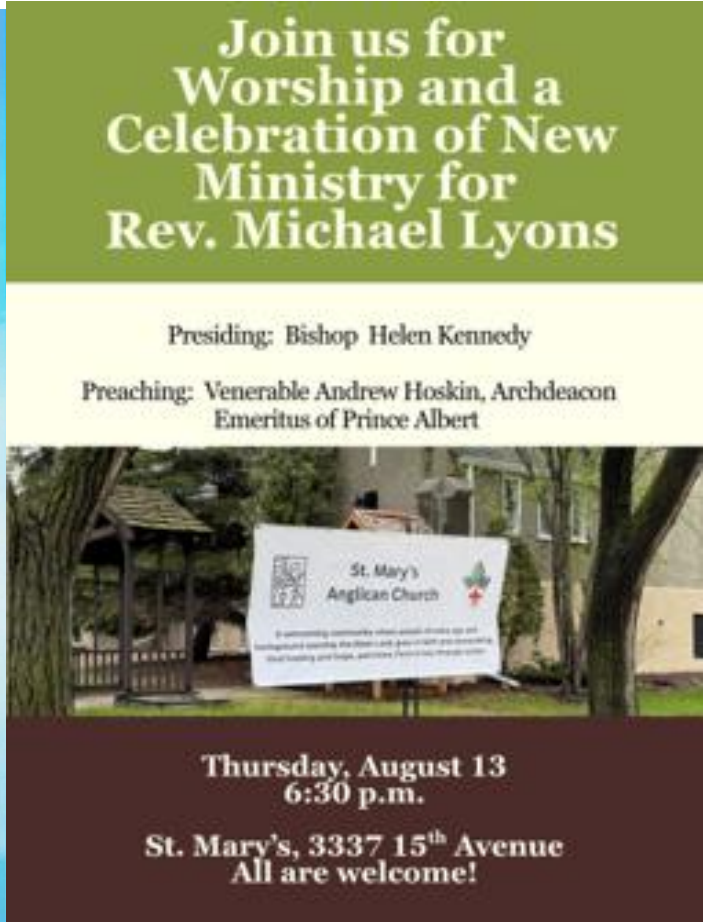
**SATURDAY, July 18, 2026**  
12 noon to 4 pm  
St Mary's Anglican Church  
3337—15th Avenue, Regina  
306-522-6052 [www.stmarysregina.ca](http://www.stmarysregina.ca)

**FEATURING**

-  **Fresh Saskatoons** (5lbs=\$30)
- Baked Saskatoon Pies** (\$20)


-  **Cafe** serving pie & refreshments
-  **Outdoor Grill**
-  **Children's Games & Activities**
-  **Bake Sale & Used Book Sale**

**PRE-ORDER**  
Berries & Pies  
**BY JULY 8**  
with QR code:



Join us for  
**Worship and a**  
**Celebration of New**  
**Ministry for**  
**Rev. Michael Lyons**

Presiding: Bishop Helen Kennedy  
Preaching: Venerable Andrew Hoskin, Archdeacon  
Emeritus of Prince Albert



**Thursday, August 13**  
**6:30 p.m.**  
**St. Mary's, 3337 15<sup>th</sup> Avenue**  
**All are welcome!**

## PARISH LIFE NOTES

### **Morning Prayer**

Monday at 9:00 a.m.

### **Evening Prayer**

Wednesday at 5:30 p.m.

### **WORSHIPS IN JUNE, JULY AND AUGUST**

**July 19** - Eucharist - Preaching and Presiding: Rev. Gene Packwood

**July 26** - Morning Prayer - led by Lloyd Begley

**August 2** - Eucharist - Preaching and Presiding: Rev. Gene Packwood

**August 9** - Eucharist - Preaching and Presiding: Rev. Nathaniel Deng

**PASTORAL EMERGENCY** If there are any emergencies, please call Reverend Gene Packwood at 306-209-7831.

**FREE SPOT AT CAMP HARDING TEEN CAMP - JULY 26-31:** One of our boys has had to cancel his registration for the teen camp (July 26-31) but his parents are willing to have his camp fee used for another male camper! If you know of a teen boy who might like to come to camp for free, click here (<https://quappelle.anglican.ca/camp-harding-events/2026-teen-camp-camp-harding-adventure-quest-jul-26-31-2026>) for more information and to register! Transportation from Regina to camp is provided.

**SASKATOON BERRY FESTIVAL** The Berry Festival will take place as scheduled on **Saturday, July 18**. Pre-ordered **pies** can be picked up at the festival as planned. Due to a delayed berry harvest caused by heavy rains, **fresh berries** will be available for pick-up on **Saturday, July 25**. The pick-up time will be confirmed by email. Thank you for your understanding.

**HELP NEEDED: RECEPTION FOLLOWING REV. LYONS' CELEBRATION OF NEW MINISTRY ON AUGUST 13:** We are looking for someone to organize refreshments for after the service that evening. If you are able to do this for us, please contact Kate at [berringer@accesscomm.ca](mailto:berringer@accesscomm.ca). Thank you!

**FINANCIAL SUPPORT FOR REFUGEE SPONSORSHIP** Following the announcement on Sunday May 3, 2026, the Refugee and Newcomer Support Committee invite members and friends of St. Mary Anglican Church to join in the new exciting journey to sponsor a refugee family. We will submit the application to the Immigration, Refugees and Citizenship Canada (IRCC) within six weeks and request for your financial assistance to achieve this important goal. With the balance from the previous refugee sponsorship and contribution from the relatives in Canada to the

applicant, we have currently raised \$15,038. We want to raise additional \$8,000 to achieve the sponsorship goal. Please send your cheque, e-transfer or cash marked "Refugee Fund" to the office. You can place your contributions in the collection plate on Sundays, and the Counters will designate the contributions to the Refugee Fund. Please note this project one-time contribution on top of your usual donation to the church.