



ST. MARY THE VIRGIN ANGLICAN CHURCH

3337 15 Avenue Regina SK S4T 1T3 306 522 6052

The Revd. Nathaniel Athian Deng Mayen –

Honorary Assistant and Missioner to the South Sudanese Community

stmarysanglican@sasktel.net

www.stmarysregina.ca

TRINITY SUNDAY



May 31, 2026

TODAY AT ST. MARY'S

10:30 A.M. MORNING PRAYER (*Prayer Book pp. 4-6, 9-15*)

WARM WELCOME TO OUR GUESTS AND VISITORS!

THE OFFERING PLATE AND FOLDER for you to write down the names of travelers, those in special need, and departed loved ones you wish to have included in the prayers today, are located on the "loaves and fishes" offering table with the bread and wine.

ORGAN PRELUDE : Meditation from Thais Jules Massenet (1842-1912) Arranged by Kenneth Baker

PROCESSIONAL HYMN: #1 Holy, Holy, Holy, Lord God Almighty

CONFESSION	<i>Prayer Book p. 4 and 5</i>
PRAYER FOR PARDON	<i>Prayer Book p. 730</i>
VERSICLES AND RESPONSES	<i>Prayer Book p. 6</i>
VENITE	<i>Prayer Book p. 6</i>

PSALM 136:1-3

O GIVE thanks unto the LORD, for he is gracious: / for his mercy endureth forever.

2 O give thanks unto the God of all gods: / for his mercy endureth forever.

3 O thank the Lord of all lords: / for his mercy endureth forever.

LESSON: Revelation 4:1-11

After this I looked, and there in heaven a door stood open! And the first voice, which I had heard speaking to me like a trumpet, said, 'Come up here, and I will show you what must take place after this.' ² At once I was in the spirit, and there in heaven stood a throne, with one seated on the throne! ³ And the one seated there looks like jasper and cornelian, and around the throne is a rainbow that looks like an emerald. ⁴ Around the throne are twenty-four thrones, and seated on the thrones are twenty-four elders, dressed in white robes, with golden crowns on their heads. ⁵ Coming from the throne are flashes of lightning, and rumblings and peals of thunder, and in front of the throne burn seven flaming torches, which are the seven spirits of God; ⁶ and in front of the throne there is something like a sea of glass, like crystal. Around the throne, and on each side of the throne, are four living creatures, full of eyes in front and behind: ⁷ the first living creature like a lion, the second living creature like an ox, the third living creature with a face like a human face, and the fourth living creature like a flying eagle. ⁸ And the four living creatures, each of them with six wings, are full of eyes all around and inside. Day and night without ceasing they sing,

‘Holy, holy, holy,
the Lord God the Almighty,
who was and is and is to come.’

⁹ And whenever the living creatures give glory and honour and thanks to the one who is seated on the throne, who lives for ever and ever, ¹⁰ the twenty-four elders fall before the one who is seated on the throne and worship the one who lives for ever and ever; they cast their crowns before the throne, singing, ¹¹ ‘You are worthy, our Lord and God, to receive glory and honour and power, for you created all things, and by your will they existed and were created.’

R./ Thanks be to God

CANTICLE: The Deum

Prayer Book p.7 ff

LESSON: John 3:1-15

³ Now there was a Pharisee named Nicodemus, a leader of the Jews. ² He came to Jesus by night and said to him, ‘Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.’ ³ Jesus answered him, ‘Very truly, I tell you, no one can see the kingdom of God without being born from above.’ ⁴ Nicodemus said to him, ‘How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?’ ⁵ Jesus answered, ‘Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. ⁶ What is born of the flesh is flesh, and what is born of the Spirit is spirit. ⁷ Do not be astonished that I said to you, “You must be born from above.” ⁸ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.’ ⁹ Nicodemus said to him, ‘How can these things be?’ ¹⁰ Jesus answered him, ‘Are you a teacher of Israel, and yet you do not understand these things? ¹¹ ‘Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. ¹² If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? ¹³ No one has ascended into heaven except the one who descended from heaven, the Son of Man. ¹⁴ And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, ¹⁵ that whoever believes in him may have eternal life.’

R./ Thanks be to God

BENEDICTUS

Prayer Book p. 9.

APOSTLES’ CREED

Prayer Book p. 10

PRAYERS

Prayer Book p. 11 ff

THE COLLECT for Trinity Sunday

ALMIGHTY and everlasting God, who hast given unto us thy servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of the Divine Majesty to worship the Unity: We beseech thee, that this holy faith may evermore be our defence against all adversities; who livest and reignest, one God, world without end. *Amen.*

HYMN: Glorify Thy Name

Verse 1

Father, we love You
We worship and adore You
Glorify Thy name in all the Earth

Refrain

Glorify Thy name
Glorify Thy name
Glorify Thy name in all the Earth

Verse 2

Jesus, we love You
We worship and adore You
Glorify Thy name in all the Earth

Refrain

Verse 3

Spirit, we love You
We worship and adore You
Glorify His name in all the Earth

Refrain

SERMON

HYMN: I Feel the Winds of God Today (Tune: Kingsfold)

I feel the winds of God today;
today my sail I lift,
though heavy oft with drenching spray
and torn with many a rift;
if hope but light the water's crest,
And Christ my bark will use,
I'll seek the seas at his behest,
and brave another cruise.

It is the wind of God that dries
my vain regretful tears,
until with braver thoughts shall rise
the purer, brighter years;
if cast on shores of selfish ease
or pleasure I should be,
O let me feel your freshening breeze,
and I'll put back to sea.

If ever I forget Thy love
Or how that love was shown
Lift high the blood-red flag above
It bears Thy name alone
Great Pilot of my onward way
Thou will not let me drift
I feel the winds of God today
Today my sail I lift

INTERCESSIONS

ANNOUNCEMENTS

HYMN: # 560 God, Whose Almighty Word

ORGAN POSTLUDE

Toccatino

Christopher Tambling (1964-2015)

PARISH LIFE NOTES

Morning Prayer

Monday at 9:00 a.m.

Evening Prayer

Wednesday at 5:30 p.m.

WORSHIP IN JUNE AND JULY

June 7 - Eucharist - Preaching and Presiding: Rev. Nathaniel Deng

June 14 - Eucharist - Preaching and Presiding: Rev. Gene Packwood

June 21 - Eucharist - Preaching and Presiding: The Venerable Jonathan Bauer, Executive Archdeacon of our Diocese

June 28 - Morning Prayer - led by Lloyd Begley

July 5 - Eucharist and Wedding of Katherine and Lyndon - Preaching and Presiding: Rev. Paula Foster and Rev. Jesse Miller (Incumbent at St. Mary's, Maple Creek)

July 12 - Eucharist - Preaching and Presiding: Rev. Nathaniel Deng

July 19 - Eucharist - Preaching and Presiding: Rev. Gene Packwood

July 26 - Morning Prayer - led by Lloyd Begley

PASTORAL EMERGENCY If there are any emergencies, please call Reverend Gene Packwood at 306-209-7831.

LINK for BOOK PURCHASE As you may know, Katherine Gilks has recently published a novel through Pete's Press, entitled *Firstborn Daughter*. It is speculative fiction and suitable for ages 14 and up, though likely most relatable for adult readers. If you would like to purchase a copy, here is the link to the publishers' website: <https://petes-press.square.site/>. (The price is \$25.) If you would like more information about the book, please talk to Katherine.

WEDDING INVITATION "We are honoured to invite the congregation of St. Mary's to our wedding + communion service on Sunday, July 5th, 2026, at 10:30 am, with a lunch afterwards. Please let us know if you (+ family) and possible guests are planning to attend the lunch, for us to have the right numbers to plan the meal accordingly.

Thank you and we look forward to celebrating with you! Our e-mails are:

km.gilks@gmail.com and lyndonluu@gmail.com"

CAMP HARDING IS PARTNERING WITH THE ANGLICAN FOUNDATION TO SAY YES TO KIDS! For generations, Camp Harding has been a place where

children and youth encounter God in creation, form lasting friendships, and grow in faith. Nestled in the beauty of Cypress Hills, Camp Harding continues to offer life-giving Christian camp experiences for young people.

This summer, Camp Harding will welcome youth campers through a Junior Camp, a

Teen Camp, and a South Sudanese community Dinka language camp. These programs create spaces of belonging, joy, and spiritual growth for the next generation.

Camp fees cover only part of the true cost of camp, and the Diocese of Qu'Appelle works hard to keep registration affordable for families.

Please prayerfully consider making a gift to support Camp Harding's ministry. **Every \$1,000 donation is matched by an angel donor. Your willingness to help us reach our goal of \$5,000 is appreciated.**

Donate today: <https://www.canadahelps.org/en/charities/the-anglican-foundation-of-canada/p2p/sytk2026/team/camp-harding-says-yes-to-kids>

FINANCIAL SUPPORT FOR REFUGEE SPONSORSHIP Following the announcement on Sunday May 3, 2026, the Refugee and Newcomer Support Committee invite members and friends of St. Mary Anglican Church to join in the new exciting journey to sponsor a refugee family. We will submit the application to the Immigration, Refugees and Citizenship Canada (IRCC) within six weeks and request for your financial assistance to achieve this important goal. With the balance from the previous refugee sponsorship and contribution from the relatives in Canada to the applicant, we have currently raised \$15,038. We want to raise additional \$8,000 to achieve the sponsorship goal. Please send your cheque, e-transfer or cash marked "Refugee Fund" to the office. You can place your contributions in the collection plate on Sundays, and the Counters will designate the contributions to the Refugee Fund. Please note this project one-time contribution on top of your usual donation to the church.